

GINO II SAYS...



SUMMER HOURS:

MON 9AM-5PM

TUES 9AM-5PM

WED 9AM-5PM

THUR 8AM-3PM

SEE US EARLY

ON THURSDAY

MORNINGS BEFORE
YOU GO TO WORK

June 8–August 10, 2006

**THINGS YOU
LEARN FROM THE
MOVIES**

- Large, loft-style apartments in New York City are well within the price range of most people—whether they are employed or not
- Should you decide to defuse a bomb don't worry which wire to cut. You will always choose the right one.
- It's easy for anyone to land a plane providing there is someone in the control tower to talk you down
- Once applied, lipstick will never rub off—even while scuba diving.

DENTAL EMERGENCIES—WHAT TO DO?

Dental emergencies can be avoided by taking precautions, such as a mouth guard during sports and recreations. Oral injuries are often painful and should be treated by dentist as soon as possible. **Getting to a dentist within thirty minutes can make the difference between saving and losing a tooth.**

WHAT DO I DO WHEN A TOOTH IS KNOCKED OUT?

Immediately call your dentist for an emergency appointment. Handle the tooth by the crown, not the root. Touching the root (the part of the tooth below the gum) can damage cells necessary for bone re-attachment. Gently rinse the tooth in water to remove dirt. Do not scrub. Place the tooth in your mouth between the cheek and gum to keep it moist. It is important not to let the tooth dry out. If it is not possible to store the tooth in the mouth of the injured person, wrap the tooth in a clean cloth or gauze and immerse in milk or saline solution.

CAN I SOMEHOW PREPARE FOR DENTAL EMERGENCIES?

Yes, by packing an emergency dental care kit including:

- Dentist's phone numbers (pager and office)
- Saline solutions
- Handkerchief
- Gauze
- Small container with lid
- Ibuprofen (not aspirin. Aspirin is an anti-coagulant, which may cause excessive bleeding in a dental emergencies).

For more info please see www.agd.org

SHOULD I LIMIT DRINKING SODA?

YES! Whether at school, home or the weekends, teens drink more soda than they have in the past. Not only is the sugar harmful to teeth,

acidic flavor additives can erode and damage tooth enamel. And that goes also for diet soda. So what to if you must have **one?**

- Try sipping through a

straw

- Rinse your mouth with water after drinking soda
- Substitute soda with water anytime you can!

We are on the web

Www.drguy.com

GUY M. HANSON, DDS, PA

Guy M. Hanson, DDS, PA

9203 West Overland

Boise, Idaho, 83709

Phone: 208-375-1012

Fax: 208-375-1098

Email: info@drguy.com

Our web site www.drguy.com offers many educational topics for your review. If there is anything you would like us to include on our web site, please give us a call at 375-1012 or e-mail us at info@drguy.com.

C R E A T I N G P E R F E C T I O N O N E S M I L E A T A T I M E

What Is A Composite Resin (White Filling)?

A composite resin is a tooth-colored plastic mixture filled with glass (silicon dioxide). Composites are not only used to restore decayed areas, but are also used for cosmetic improvements of the smile by changing the color of the teeth or reshaping disfigured teeth.

How is a composite placed?

Following preparation, the dentist places the composite in layers, using a light specialized to harden each layer. When the process is finished, the dentist will shape the composite to fit the tooth. The dentist then polishes the composite to prevent staining and early wear.

What is the cost?

Prices vary, but composites average about one-and-a-half to two times the price of a silver filling. In our office we charge the same as a silver filling. Most dental insurance plans cover the cost of the composite up to the price of a silver filling, with the patient paying the difference. As composites continue to improve, insurance companies are more likely to increase their coverage of composites.

How long will a composite last?

Studies have shown that composites last 7-10 years, which is comparable to silver fillings except in very large restorations, where a crown or onlay would last longer.

What are the advantages of composites?

Esthetics are the main advantage, since dentists can blend shades to create a color nearly identical to that of the actual tooth. Composites bond to the tooth to support the remaining tooth structure, which helps to prevent breakage and insulate the tooth from

excessive temperature changes.

What are the disadvantages?

After receiving a composite, a patient may experience post-operative sensitivity. Also, the shade of the composite can change slightly if the patient drinks tea, coffee or other staining foods. The dentist can put a clear plastic coating over the composite to prevent the color from changing if a patient is particularly concerned about tooth color. Composites tend to wear out sooner than silver fillings in larger cavities, although they hold up as well in small cavities.